

CERTIFICATE OF PARTICIPATION

This is to certify that

Adelé Sutherland

Has successfully participated & completed the

10km Forest Hill City Summer Run

held at Stellenbosch.

TIME 01:10:44

PACE 07:03/km

GENDER 56 of 130

OVERALL 159 of 287

**SENIOR (20- 28 of 63
39)**

04 December 2016, Sun

Date



BoutTime

Signature

